

2nd International Symmetria Meeting				
21-23 November 2008, Hilton Hotel, Athens				
Programme at - a - glance				
Friday 21 November			Time	Moderator
08:00- 09:00	Registrations			
09:00-9:15	Welcome		15	
09:15- 10:30	Scientific Session 1	Facial Rejuvenation I		Biggs
	Michel Pfulg	The Soft-Lifting: 15 years follow-up	15	
	Nahai Foad	Short Scar Vertical Facelift: Indications and Limitations	15	
	Tonnard Patrick	"MACS midface management"	15	
	Paul Malcolm	Applications of bidirectional barbed sutures for face, breast, and body contouring procedures	15	
	Q & As		15	
10:30- 11:00	Coffee Break - Exhibitors		30	
11:00- 12:30	Scientific Session 2	Facial Rejuvenation II		Nahai
	Heden Per	Midface Lift; Alternative Approaches and Fixations	15	
	Paul Malcolm	Panfacial Rejuvenation / contemporary facelifting with multivector correction	15	
	Tonnard Patrick	Complications and safety in facial rejuvenation	15	
	Biggs Tom	What have we learned	30	
	Q & As		15	
12:30-14:00	Lunch			
14:00- 16:00	Scientific Session 3	Non-Invasive Aesthetic Treatments		Metaxotos
	Stratigos Alexandros	Mechanism of skin ageing	15	
	Yiacoumettis Andreas	Non surgical techniques and small ancillary procedures in facial rejuvenation	15	
	Percival Nick	Skin care for Surgeons	15	
	Heden Per	Volumetric restoration with Hyaluronic Acid Fillers	15	
	Kouppas Andreas	Laser procedures in facial rejuvenation	15	
	Jernbeck Jan	Non surgical techniques for body contouring	15	
	Q & As		30	
16:00- 16:30	Coffee Break - Exhibitors			
16:30-17:30	Keynote Lecture			Karidis
	Nahai Foad	The Needle vs. The Knife	60	
17.30 - 18.45	Free Papers		75	Karidis, Seretis
19:15-20:00	Opening Ceremony			

Saturday 22 November			
08:00- 09:30	<b>Scientific Session 4</b>	<b>Rejuvenation of the upper third of the face</b>	<b>Jernbeck</b>
	Paul Malcolm	The evolution of the browlift and the midface lift in aesthetic plastic surgery	15
	Graf Ruth	Endobrow and endoscopic midface lifting	15
	Kontoes Vakis	Laser blepharoplasty and the evolution of SSTT for the rejuvenation of the periorbital region".	15
	Stamos Michael	Lower Lid Blepharoplasty : The Use of Lockwood's Ligament for Orbicularis Oculi Suspension and Orbital Fat Preservation	15
	Nahai Foad	Blending the Lid-Cheek Junction, Balancing Risks and Results	15
	Q & As	Challenging cases/ complications for discussion	15
09:30- 10:00	Coffee Break - Exhibitors		
10:00- 12:00	<b>Scientific Session 5</b>	<b>Aesthetic Surgery of the Breast I</b>	<b>Heden</b>
	Mallucci Patrick	Concepts in design of breast augmentation	15
	Graf Ruth	Subfascial Breast Augmentation	15
	Goes Sampaio	Sub-fascial anatomic cohesive silicone implants- 13 years of experience	15
	DeBenito Xavier	Secondary Breast Augmentation: Reasons and Decisions	15
	Karidis Alex	Simultaneous breast augmentation & mastopexy.One key for all locks?	15
	Percival Nick	Augmenting the problematic breast	15
	Q & As		30
12:00 - 13:30	<b>Free Papers</b>		90 <b>Karidis</b>
12:30 - 13:30	Lunch		
13:30 - 15:00	<b>Scientific Session 6</b>	<b>Aesthetic Surgery of the Breast II</b>	<b>DeBenito</b>
	Goes Sampaio	30 years using the areolar approach in breast surgery	15
	Mandrekas Apostolos	Tuberous breasts deformity:anatomy and surgical correction	15
	Nahai Foad	Of Pedicles, Scars and Shape in Breast Reduction	15
	Graf Ruth	Vertical Breast Reduction and Mastopexy	15
	Zocchi Michele	Bicompartmental breast Lipostructuring: history, present status and future perspectives	15
	Q & As	Challenging cases/ complications for discussion	15
15:00 - 16:30	<b>Scientific Session 7</b>	<b>Running your practice: How to do it</b>	<b>Graf</b>
	Pfulg Fabrice	Marketing an Aesthetic Surgery Clinic	15
	Lewis Wendy	The new cosmetic patients: Insights on Where To Find Them, What to Offer Them, and How To Keep Them In Your Practice	15
	Metaxotos Nikolaos	Practice principles and total patient satisfaction	15
	Heden Per	Creating Centers of Excellence in Aesthetic Medicine: Experiences, Tips and Advice	15
	Q & As		15
16:30 - 17:00	Coffee Break - Exhibitors		30
17:00 - 17:30	<b>Keynote Lecture</b>		<b>Metaxotos</b>
	Tom Biggs	A Fifty Year Journey in Plastic Surgery	30
17:30 - 18:15	<b>Scientific Session 8</b>	<b>Hot topics in Plastic Surgery</b>	<b>Mallucci</b>
	Voukidis Theodore	Stem cell era in the field of Plastic and Aesthetic Plastic Surgery	15
	Zocchi Michelle	A.D.S.C. Adipose Derived Stem Cells: dream or reality	30

Sunday 23 November			
08.30 - 09.30	Free Papers		60 Metaxotos
09:30-11.00	Scientific Session 9	Rhinoplasty	Percival
	Percival Nick	Evaluation of the Rhinoplasty Patient	15
	Papadopoulos Othon	Tips and refinements in aesthetic and functional rhinoplasty	15
	Foustanos Andreas	Contemporary Concepts in Primary Rhinoplasty	15
	Jernbeck Jan	Secondary Rhinoplasty	15
	Tonnard Patrick	Preventing Supratip Problems in Rhinoplasty	15
	Q & As	Challenging cases/ complications for discussion	15
11.00 -11.30	Coffee Break - Exhibitors		
11.30 -12.00	Slot Sponsor	Body shaping with Macrolane™, Heden.P	30
12:00 - 13:15	Scientific Session 10	Aesthetic Body Contouring	Biggs
	Jerbeck Jan	Extensive Abdominoplasty	15
	Paul Malcolm	Contemporary abdominoplasty	15
	Goes Sampaio	Miniabdominoplasty	15
	Karidis Alex	Treatment of Gynaecomastia : How I do it.	15
	Q & As		15
13.15 - 13:30	Closing Remarks		
Due to very recent unforeseen circumstances, Professor Pitanguy will not be able to attend the Meeting, as originally scheduled.			